

Community Guide

Spring & Summer Edition

2024





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@Municipality of North Middlesex



@north_middlesex



@northmiddlesx

Apple

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NORTH MIDDLESEX APP



Google Play



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Email: nataliec@northmiddlesex.on.ca

MESSAGE FROM THE MAYOR

I am pleased to present our first North Middlesex Community Guide.

In this guide, you will see the highlights of our community. We pride ourselves that North Middlesex is a thriving and inclusive community with lots to offer.

I'm looking forward to what 2024 has to bring to North Middlesex, specifically the first ever Mud Creek Bluegrass Festival and Ailsa Craig celebrating their 150th year! In this guide you will find events, volunteer opportunities and celebrations related to these significant community milestones. I want to personally thank our current volunteers for their endless support. Without all of you, none of these events would happen.

On behalf of my fellow councillors and municipal staff, I encourage you to see what North Middlesex has to offer!

Sincerely, Mayor Brian Ropp

COUNCIL MEMBERS



Councillor Ward 5Adrian Cornelissen

Councillor Ward 2

Bill Irwin

Deputy MayorPaul Hodgins

Councillor Ward 1 Sara Nirta

Mayor Brian Ropp

Councillor Ward 3
Chuck Daigle

Councillor Ward 4John Keogh

MUNICIPAL CONTACTS

ADMINISTRATION

Carloyn Tripp - Chief Administration Officer ext. 3233

Michelle Carroll - Customer Service Licensing Clerk ext. 3222

Judy Gratton - Administrative Assistant ext. 3221

Donna VanHooydonk

Executive Assistant/HR Coordinator ext. 3230

COMMUNITY SERVICES

Brandon Drew - Director of Community Services ext. 3204

CORPORATE SERVICES

Ashley Cook - Director of Corporate Services/Clerk ext. 3224

FINANCE

Estelle Chayer - Director of Finance/Treasurer ext. 3228

JanaLynn Finkbeiner

Accounts Payable/Payroll Clerk ext. 3231

Michele Trepanier

Tax Collector (Water/Sewer Invoices) ext. 3237

PLANNING

Ashley Sawyer - Planner (519) 930-1014

ECONOMIC DEVELOPMENT

Natalie Core

Economic Development & Communications ext. 3227

Felicia Krista

Facility Event Planner ext. 3220

FIRE & EMERGENCY SERVICES

Jacques Boutros - Fire Prevention Officer 519-666-0190

Greg Vandenheuvel - Director of Fire & Emergency Services ext. 3235

INFRASTRUCTURE & OPERATIONS

Jaden Hodgins - Director of Infrastructure and Operations ext. 3223

Nick Wolfs - Engineering Technologist

ext. 3226

PUBLIC WORKS

Vance Czerwinski - Manager of Public Works ext. 3234

Joanne Sadler - Drainage Superintendent

ext. 3225

Kristyn Wilson - Public Works Clerk

ext. 3219

SERVICE ONTARIO

Celeste Therrien - Service Ontario Clerk 519-294-0351



Main Office (519) 294-6244

229 Parkhill Main St. Parkhill, ON NOM 2K0 Monday to Friday 8:30 am to 4:30 pm



MUNICIPAL INFORMATION



BY-LAW

For any inquiries about municipal by-law enforcement, including parking, tidy yard, property standards, encroachment onto municipal land, and open air burns:

Contact by law@northmiddlesex.on.ca.



FIRE SERVICES

Fire Prevention services, including public education, inspection, enforcement and fire scene assessment, are contracted to the Municipality of Middlesex Centre.

Contact gregv@northmiddlesex.on.ca



MARRIAGE LICENSES

Please contact the municipal office to make an appointment with staff for the issuance of a Marriage License (walk-ins not permitted). **Contact** 519-294-6244 to book an appointment.



BUILDING SERVICES

Middlesex Centre offers building permit services to local residents and businesses, and to residents and businesses in Lucan Biddulph, Adelaide Metcalfe, Southwest Middlesex and North Middlesex.

Contact marsmana@middlesexcentre.ca



ANIMAL SERVICES

To report a lost dog, a dog running at large or if you are looking for your dog, contact the Municipality during regular office hours. **Contact** 519-294-6244

MUNICIPAL INFORMATION



PLANNING SERVICES

To submit a digital application please create an account and sign into Cloudpermit. For first time users, please follow the 'How To' guides below for assistance.

Contact: asawyer@middlesex.ca for more information.



MOSQUITO ABATEMENT PROGRAM

Spring applications of the larvicide is planned to be conducted by helicopter to stagnant water within 2 km of the Town of Parkhill, Village of Ailsa Craig, & the Hamlet of Nairn.

Contact the contracted company **Pestalto** for more information.

Contact: Morgan Tyler morgan.tyler@pestalto.com



WATER & SEWER

Effective February 1, 2014, Ontario Clean Water Agency is now the water operating authority for North Middlesex.

Contact https://www.northmiddlesex.on.ca/services/water-sewer



NORTH MIDDLESEX APP

Download our app today! Available for free on Apple and Google Play

Google Play

Apple







REQUEST A SERVICE

Scan the QR code to fill out a form or visit:

https://www.northmiddlesex.on.ca/municipal-services/request-service

WASTE COLLECTION & TRANSFER STATION



WASTE TRANSFER STATION

The Waste Transfer Station is located at 395 Victoria Street, Parkhill ON. This service is limited to residents of North Middlesex only. There is a minimum rate of \$15.00. Any amount past the minimum is charged at a rate of \$15.00 per cubic yard.



Wednesday 12:00pm - 3:00pm Saturday 8:30am - 11:30am

Spring Clean Up
April 13th 8:30am - 1:00pm
2 Locations:

Transfer Station395 Victoria St, Parkhill ON **Municipal Parking Lot**

Old Mill St, Ailsa Craig ON

2024 Calendar

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GARBAGE & RECYCLING

Waste & Recycling collection is provided by Bluewater Recycling Association (BRA). North Middlesex collection dates, materials guide and other information can be found on the <u>North Middlesex Waste & Recyclying webpage</u>.



NORTH MIDDLESEX FIRE DEPARTMENT

The Fire Department is comprised of one Fire Chief, one Deputy Fire Chief, two District Chiefs, one Chief of Training, two Captain/Trainers, six Captains and approximately forty firefighters. Each station is divided into squads of firefighters, each reporting to one Captain. The Fire Department responds to approximately 100 calls per year. The apparatus includes two fire engines, two tankers, two rescue units and two pickup trucks.

The municipal fire service is divided into two districts and operates a fire station in both Ailsa Craig (159 William St, Ailsa Craig) and Parkhill (194 Parkhill Main St, Parkhill). The Municipality also purchases fire services under a fire protection agreement for an outlying area and is part of the Province of Ontario Mutual Aid plan.

Recruitment

Do you have a desire to help keep your community safe? Becoming a Firefighter is one of the most challenging, fast-paced, and rewarding opportunities available. If you're interested in a paid, on-call Firefighter position in North Middlesex, scan the QR code to fill out an application any time of year.



https://www.northmiddlesex.on.ca/services/fire-emergency-services

ORGANIZATIONS, CLUBS + GROUPS

Optimist Club (Parkhill)

Joyce Hutchison | joycehutchy@gmail.com

Optimist Club (East Williams)

Tracy Roberts | tracy.roberts31@gmail.com

North Middlesex Historical Society

Shawna Pickering | northmiddlesexhs@gmail.com

Lions Club (Parkhill)

Carrie Brophey | cmuma@execulink.com

Lions Club (Ailsa Craig)

Joe Mulhall | tojoe22@gmail.com

Ailsa Craig Village Association

Kris Boyle | kboyle343@gmail.com

Parkhill Agricultural Society

Michael Witing | michael@thewhitings.ca

Parkhill Horticultural Society

Marion Robinson | rfd@isp.ca

North Middlesex Business Association

Kathy Willemse | kewillemse@execulink.com



ORGANIZATIONS, CLUBS + GROUPS

Community Garden (Parkhill)

Monica Carter | moncar3@icloud.com

Friends of Ye Olde Towne Hall

Gerry & Marilyn Barbe | gerrybarbe@execulink.com

Ailsa Craig Arts Centre

Jan Slywchuk | ailsacraigartscentre@gmail.com

Parkhill Carnegie Gallery

Ruth Cook | recreativeart@execulink.com Mark McLean | markmclean49@gmail.com Monica Carter | moncar3@icloud.com

Friends of Leisure Club

Lucy Hendrikx | lulouhendrikx@gmail.com

Ailsa Craig Legion

Ken Jones | kjones@execulink.com

Parkhill Legion

Donna Gunness | parkhilllegion@execulink.com



FITNESS GROUPS

YMCA OF NORTH MIDDLESEX

Rebecca Burlock rebecca.burlock@swo.ymca.ca

LOCALITY WELLNESS HUB

Kathy Willemse localitywh@gmail.com



PLACES OF WORSHIP

Carlisle United Church

19 Falkirk St., North Middlesex, ON., NOM 1PO

Ailsa Craig United Church

156 Ailsa Craig Main St., Ailsa Craig, ON.,

NOM 1A0

519-293-3423

Knox Presbyterian Church

31146 Centre Rd., Parkhill, ON.,

NOM 2KO

St. Andrews Presbyterian Church

9906 Petty St., Ailsa Craig, ON.,

NOM 1AO

519-232-4288

The Church at Nairn

26459 Bear Creek Rd., Ailsa Craig, ON.,

NOM 1A0

519-232-4425

Brinsley United Church

34743 Brinsley Rd. Ailsa Craig, ON

NOM 1AO

519-293-3423

Sacred Heart Church

159 Ann St., Parkhill, ON.,

NOM 2KO

519-294-6844

Our Lady of Mount Carmel Church

69219 Bronson Line, Mt. Carmel, ON.,

NOM 2KO

519-237-3593

Grace Bible Chapel

277 Parkhill Main St., Parkhill, ON.,

NOM 2KO

519-294-0211

Saint Paul's Catholic Church

236 Hastings St., Parkhill, ON.,

NOM 2KO

519-634-4932

St. James Anglican Church

155 Broadway, Parkhill, ON.,

NOM 2KO

519-294-0008

YOUTH ACTIVITIES

Ailsa Craig Scouts

Brian Luscome | (519) 293-3899

Middlesex 4-H

Joseph Carrubba | (519) 697-9003

North Middlesex Baseball

Brad McLeod | mcleod18@execulink.com

North Middlesex Minor Hockey Association

Casey Wall | caseywall@live.ca

North Middlesex Minor Soccer

Tineke deJong or John Rosner | soccer@nmmsa.ca

North Middlesex Rugby Club

Rob McQueen | (519) 995-1495 | robmcqueen123@hotmail.com

North Middlesex Stars Hockey

Deanna Ferguson | (519) 701-7933 | ferguson54@sympatico.ca

Parkhill Scouts

Pat Adams | ropa.adams@hotmail.com

Youth Unlimited YFC North Middlesex

Earl Hochachka | (519) 294-6326 | earl.h@yfcnorthmiddlesex.com

Youth + Ailsa Craig Art Centre

Jan Slywchuk | ailsacraigartcentre@gmail.com









This facility was designed to host a range of event sizes including weddings, sports groups, gymnastics, meetingsa and festivals. The facility has the following bookable rooms:

- Small Meeting Room
- Main Hall
- Commercial Kitchen



NORTH MIDDLESEX COMMUNITY CENTRE

The community centre was recently renovated making it an excellent venue for hosting formal events.

The community centre contains:

- Commercial Kitchen
- Server Hall
- Main Hall

WEST WILLIAMS COMMUNITY CENTRE

This community centre has a rentable pavilion and is adjacent to a sports field. The location is a popular rental for family reunions and is host to a summer music festival.

The facility has the following bookable rooms:

- Small Meeting Room
- Main Hall
- Kitchen

BOOKING A FACILITY

519-294-6422 EXT. 3221

To learn more about facility rentals, capacity and availability please visit:

www.northmiddlesex.on.ca/services/book-facility



Ice Rental Fees including HST

*Prime: \$180/hour

Non-Prime: \$107.10/hour

Goal Post Rental Fee including HST

Day Rental: \$200

Hourly: \$36.50

*Prime is anytime on a weekend or holiday and Monday-Friday 5:00pm - 12:00am

NORTH MIDDLESEX ARENA & FITNESS CENTRE

The North Middlesex Arena and Fitness Centre was renovated in 2009.

The arena has a canteen that is open on most hockey game nights to provide patrons food and drink while enjoy spectating various ice activities.

There is also a rentable space on the second level overlooking the ice called The Goal Post. This space is available to rent for birthday parties, anniversaries, and business meetings. The Goal Post has a commercial kitchen as well as a bar that can be opened and operated by a local service club.

The fitness centre that occupies the facility is run through a partnership agreement with the YMCA of Southwestern Ontario.

BOOKING A FACILITY

519-294-6422 EXT. 3221

To learn more about facility rentals, capacity and availability please visit:

https://www.northmiddlesex.on.ca/services/book-facility

PARKS & OPEN SPACES

Ailsa Craig Community Park

 Splash pad, playground, rentable pavilion with wet bar & washrooms, red clay ball diamond with base inserts.

East Williams Optimist Park

 Primary location for North Middlesex soccer, playground & pavilion. During the winter, the pavilion surface becomes an outdoor skating rink.

Lieury Park

 Red clay baseball diamond, a pavilion structure, and a playground. The park is also home to a Cenotaph commemorating our fallen soldiers.

Parkhill Sports Park

 Two rentable red clay baseball diamonds, beach volleyball court, 2 tennis/pickleball courts, shared basketball/ball hockey court, skatepark, playground and rentable pavilion.



BOOK A FACILITY 519-294-6422 EXT. 3221







PARKS & OPEN SPACES

Lions Community Park

 Located in Ailsa Craig, the park features beautiful trails and large community open space.

Ken Vernon Park

 This park features 2 full-size soccer pitches as well as a pavilion. It is the annual host of the Canada Day Fireworks celebration where residents enjoy a free fireworks display hosted by the Canada Day Committee.

Coronation Park

 This park has a newly redesigned Splash Pad with a playground and open space.





ECONOMIC DEVELOPMENT

GRANTS & FUNDING



CIP Program

www.northmiddlesex.on.ca/services/grants-funding

The Municipality offers grants for business investment through the Community Improvement Plan (CIP) to facilitate the development, rehabilitation and revitalization of the local business community. Applications close annually at the end of November.

DISCOVER NORTH MIDDLESEX

May 25th, 2024 - 10:00am to 3:00pm North Middlesex Arena, Parkhill ON

www.northmiddlesex.on.ca/events/discover-north-middlesex

Discover North Middlesex is an event that gives local businesses, service clubs, sports associations, special interest groups, schools and community groups an opportunity to showcase their groups to the public to advertise, promote upcoming events, and to learn how to get involved. The event is free for exhibitors and free admission! Register your business or community group, contact:

Felicia Krista, Facility Event Planner 519-294-6244 ext. 3220 or feliciak@northmiddlesex.on.ca

NORTH MIDDLESEX JOB FAIR

October 23rd, 2024

North Middlesex Community Centre and North Middlesex Distict High School, Parkhill ON

https://www.northmiddlesex.on.ca/events/north-middlesex-career-fair

The **North Middlesex Career Fair & Ticket to the Trades** is open to students as well as all residents that wish to learn about new career paths, information on internships, co-operative education programs, local job opportunities, local union information and more!

NORTH MIDDLESEX BUSINESS ASSOCIATION

Contact: Kathy Awad-Willemse, localitywh@gmail.com

The new North Middlesex Business Association gives local business owners the opportunity to sit-in on workshops as well as network with others to advertise their business and collaborate on local promotions.

NORTH MIDDLESEX BUSINESS DIRECTORY

www.northmiddlesex.on.ca/business-directory-map

To add a business to the Business Directory contact:

Natalie Core, Economic Development & Communications nataliec@northmiddlesex.on.ca





Doug Warnock, Supervisor dwarnock@middlesex.ca



147 Ailsa Craig Main Street Ailsa Craig, ON NOM 1AO 519-293-3441



229 B Main Street Parkhill, ON NOM 2K0 519-294-6583



Scan the code to learn more about upcoming events at your local library.







VOLUNTEER IN NORTH MIDDLESEX

CERV Team

CERV Middlesex (Community Emergency Response Volunteers) coordinates local volunteers to meet the challenge when a local emergency strikes such as a flood, severe storm, major power failure or another unexpected hazard.

North Middlesex District High School

Schools welcome parents, guardians and community members as volunteers who support the life of the school (such as field trips, breakfast programs, school council, safe arrival or careers day).

North Middlesex Volunteer Fire Department

If you have a desire to help others and serve your community, enjoy working as a team and continuous learning you may be an ideal candidate for a career as a volunteer firefighter.

Ailsa Craig Art Centre

The Ailsa Craig Art Centre helps to keep arts and culture a vibrant part of our community. The ACAC welcomes volunteers who like to teach art, or would like to assist with bookkeeping, organizing, designing or volunteering as a committee member.

Friends of Ye Olde Towne Hall

There are many ways to join and support the Friends of Ye Olde Towne Hall mission. Volunteering for the YOTH can be as simple as spending one hour maintaining the garden, being a greeter or selling tickets for a performance. Too busy to volunteer? Become a paid member to show your support for the many activities organized for all ages.

To learn more about becoming a volunteer with one of these organizations, scan the QR code and visit "Volunteer Opportunities"



www.northmiddlesex.on.ca | 19



CMHA Middlesex

CMHA Middlesex assists individuals along their mental health journey. Their goals are to promote good mental health, prevent further illness, offer treatment, support recovery and provide mental health education.

Parkhill Medical Clinic

Dr. Olmstead is currently waitlisting prospective patients from North Middlesex and surrounding communities. Phone 519-294-6881 to register.

Dr. Bertha Wolf (Optometrist)

519-294-6767 Parkhill, ON

Nuance Osteopathy

519-532-8313 Ailsa Craig, ON

Ailsa Craig Family Clinic

Offices of Dr. Furtado & Dr. Wagner. Call 519-293-3625 to inquire about becoming a patient.

Hear Well Be Well

519-294-0060 www.hearwellbewell.ca Parkhill, ON

Wagner Chiropractic Health & Wellness Centres

519-294-0037 Parkhill, ON

Damen Optimal Health

519-294-0929 Parkhill, ON



NORTH MIDDLESEX

Conservation Area + Trails

Parkhill Commemorative Woods & Scenic Lookout

The Parkhill Reservoir is 104 hectares (257 acres) with open areas over sheltered coves. Getting out on the water in a canoe, kayak, or electric motor boat is a popular summer activity for many local residents and visitors.



33120 Grand Bend Rd. Parkhill, ON NOM 2K0



Scan to see trails in Middlesex County

Grass Routes

The Middlesex Grassroutes Trails meander through Middlesex County, giving visitors a taste of the local food, culture, heritage and natural sites along the way. Follow the Grassroutes Trail in its entirety or hop on along the route. Either way, you'll find signs to point you to some of the best tourism hot spots that Middlesex County has to offer.

Click here to view the Middlesex County Trail Map



32910 Centre Rd. Parkhill , ON NOM 2K0 Great Canadian Hideaway (Stop 12)



PINE TREE PRESCHOOL PARKHILL

Licensed centre offering infant, toddler and preschool rooms. 3 months to 6 years. Contact Fiona David at (519) 657-6266 or fdavid@pinetreemontessorischool.com to schedule a tour and learn more.

NORTH MIDDLESEX YMCA CHILD MINDING

This service is included with a family membership and can be utilized by those who require care for children while using the YMCA. Children 0-5 Years.

Monday to Friday 9:20am to 11:15am

Contact the YMCA for up-to-date available times.

AILSA CRAIG CO-OPERATIVE PLAYSCHOOL

Licensed play-to-learn facility offering half-day programs for 18 months to 5 years. Contact administration at (519) 293-3377 to learn more.

NORTH MIDDLESEX MINOR SPORTS

REGISTRATION 2024

SUMMER SPORTS

2024 Middlesex-Huron **Youth Rugby**

www.middlesexhuronrugby.ca



2024 Minor Soccer

www.nmmsa.ca/2024-registration



2024 Middlesex Rugby

www.middlesexrugby.com/contact



2024 Minor Baseball

Registration closed March 15th, 2024.

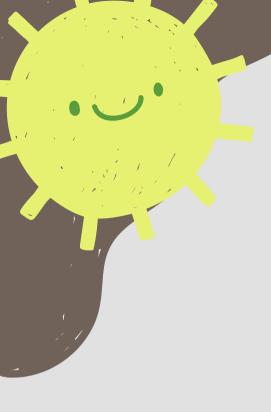
There is a need for U15 girls as well as additional Volunteers.

www.northmiddlesexbaseball.com











DAY CAMP (North Middlesex)

YMCA Day Camps create experiences that last a lifetime!

Laughing, outdoor adventures, making new friends; this is what awaits your child at Y Camp. Making crafts, playing outdoors, or learning a new game; camp is an excellent way to offer adventure and new experiences this summer!

Built on the principles of YMCA Healthy Child Development and our Y values (caring, honesty, respect, responsibility, inclusiveness), our experienced and well-trained staff ensure your children receive the highest level of care.

YMCA DAY CAMP (Campers 4-12 years old)

NORTH MIDDLESEX YMCA

AILSA CRAIG COMMUNITY CENTRE YMCA

Members: \$165/week, \$132/short week Non-members: \$200/week, \$160/short week

AGE GROUPS

Junior | Ages 4 to 7

Junior campers explore creativity and imagination through outdoor adventures, crafts and so much more! By learning through play, campers develop an increased awareness of self and others while cooperating with each other and adults.

Senior | Ages 8 to 12

Senior campers discover new skills and talents by learning new games and activities! Throughout the week, campers develop more responsibility and empathy for others, with opportunities for leadership.

EXTENDED CARE

Members: No charge | Non-members: \$40/week Extended Care is available to support families who need an earlier drop-off and/or later pick-up time. Supervision begins at 7:30am and closes at 5:30pm. Extended Care is free for YMCA members.

CAMP BIG DAY FRIDAYS

YMCA Day Camps hold a special BIG DAY every Friday to celebrate another awesome week at camp. Themes may include Carnival, Superhero, and more! Please ask your camp supervisor for more information.



WEEK	S & DATES	
WK 1:	July 2 - 5*	Back to the Future
WK 2:	July 8 - 12	Superhero
WK 3:	July 15 - 19	Mad Science
WK 4:	July 22 - 26	Animal Planet
WK 5:	July 29 - Aug 2	Detective Days
WK 6:	Aug 6 - 9*	Construction Camp
WK 7:	Aug 12 - 16	Around the World
WK 8:	Aug 19 - 23	Shipwrecked
WK 9:	Aug 26 - 30	Happy Allidays!

* All day camps closed on

Monday, July 1 and Monday, August 5, 2024

Typical Day At Camp						
7:30am-8:30am	Optional extended care					
8:30am-9:00am	Camper drop-off					
9:00am-9:30am	Opening circle and morning announcements					
9:30am-12:00pm	Camper group fun! (craft, active games & circle activities)					
12:00pm-12:30pm	Lunch time!					
12:30pm-3:30pm	More camper group fun! (nature exploration, water activity & cooperative games)					
3:30pm-4:00pm	Closing Circle & Core Values Based Activity					
4:00pm-4:30pm	Camper pick-up					
4:30pm-5:30pm	Optional extended care					





NORTH MIDDLESEX

YMCA

JOIN YOUR LOCAL YMCA TODAY!

KIDS' CAMPS

Summer & winter camps and day camps are offered during March break and PA Days.

Programming for all ages!

Summer camp registration is open for 2024

NEW SCHEDULE

A new schedule begins January 15th, 2024 until April 15th, 2024

FINANCIAL ASSISTANCE

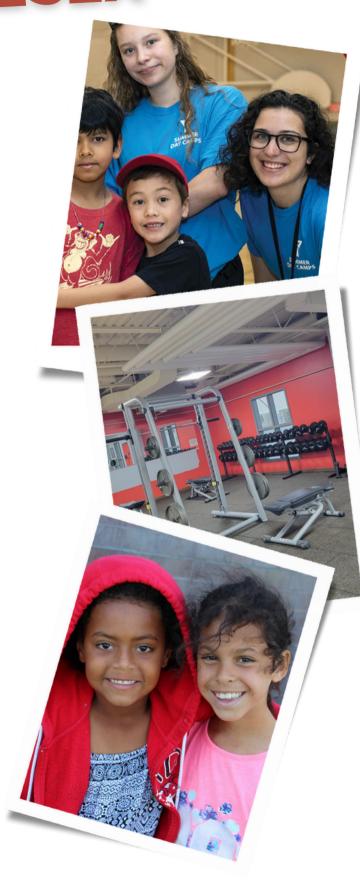
At the YMCA, our doors are open to everyone, regardless of their ability to afford membership fees.

If you make less, you pay less.



256 McLeod St. | Parkhill, ON | NOM2K0 (519) 459-9622

www.ymcaswo.ca/locations/north-middlesex-ymca





MIDDLESEX 4-H ASSOCIATION



At 4-H Middlesex, we're all about serious fun and empowering youth with skills that last a lifetime. Join us on an exciting journey where learning meets adventure. From agricultural activities to leadership development and everything in between, our programs are designed to foster personal growth, teamwork, and a love for learning.

Discover the joy of hands-on experiences, make lifelong friendships, and unleash your potential with 4-H Middlesex. Are you ready to embark on an unforgettable journey? Join teh 4H today and let's grow together!

www.<u>4-hontario.ca/youth/become-a-member/?</u>
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Vanier Talk-in Clinics

Servicing London and Middlesex County

CARING, SUPPORTING, TRANSFORMING LIVES.

Talk-in Counselling Clinics

- Offer virtual and in-person counselling.
- For Children under 14, and their families.
- Meet with a Child and Family Therapist or Intern.
 - Receive single session counselling support.

In- Person Cinics

Every Wednesday 2-6pm, Vanier Children's Mental Wellness with the **LAST** Appointment available at 4:30pm.

Please note Talk-ins may meet capacity prior to 4:30pm.

Please register with reception upon arrival.

Consent from ALL caregivers must be received in order to proceed.

Single Sessions (virtual or in-person) can be booked through Tandem for non Talk-in days. This includes Middlesex County locations at:

Strathroy (Strathroy Public Library)

Lucan (Lucan Public Library)

Parkhill (Parkhill Public Library)

Dorchester (Dorchester Public Library)

Glencoe (Glencoe Public Library)

If you are in need of immediate Crisis Support a Tandem CYC may be available to support you on-site or you can visit us at 648 Huron Street Monday to Friday from 4:00 to 8:30. Subject to staffing availability.

To book a virtual session or for more information please call,

Tandem (Vanier Intake Service) at 519 433 0334



Children's Aid Society La Société d'aide à l'enfance

LONDON & MIDDLESEX

Safe Children, Bright Futures

CASLM Service Volume Highlights 2019-2020



Referrals Received



Protection Investigations Completed



Children/Youth Service in Community



Family Meetings



Adoptions Finalized



*Children in Care



*Children in Customary Care



*Care Provider Homes



*Youth on Extended Care



*Kinship Service Placements



Kinship Search Completed

*As at March 31, 2020



Why call?

The effects of child abuse and neglect are lifelong, affecting future relationships, self-esteem and sadly putting even more children at risk of abuse as the cycle continues.

Contact Us

1680 Oxford Street East, P.O. Box 7010 London, ON N5Y 5R8

Phone: 519-455-9000

Emergencies After Hours: 519-858-5998

Toll Free: 1-888-661-6167 Fax: 519-455-4355

Email: info@caslondon.on.ca

Website: caslondon.on.ca



facebook.com/CASLondonMiddlesex/



@CAS LM



CASLM Facts



Revised: 09/2020



About CASLM

The Children's Aid Society of London and Middlesex (CASLM) is a non-profit organization for the protection and safety and of children and youth. The agency was founded in 1893.

Our Mission: We promote the well-being of children/youth, families and communities. We protect and care for children/youth at risk.

CASLM Mandate

There are 47 children's aid societies in Ontario that keep children safe, help parents build healthy families and provide safe and nurturing environments for children and youth who are unable to live at home because of family issues.

CASLM is mandated by the Child, Youth and Family Services Act to:

- Investigate allegations or evidence of abuse or neglect of children and youth who may be in need of protection
- Protect children and youth where necessary
- Provide guidance, counselling and other services to families to protect children and youth or to prevent the circumstances that would require child protection
- Provide care for children and youth assigned to our care
- Supervise children and youth assigned to our supervision
- Place children for adoption

Protecting Children/Youth

CASLM must investigate complaints where children/youth are alleged to be "in need of protection" in accordance with section 37.2 of the Child, Youth and Family Services Act. The definition of a child/youth in need of protection focuses on acts or omissions of either a parent, guardian, or of a person who has charge of a child/youth and causes harm or creates a risk of harm to them. In January 2018, the age of protection in Ontario increased to include 16 and 17 year olds.

Duty to Report & Reasonable Grounds

Early intervention and support for families at times of crisis is a significant contributor to reducing the incidence of abuse and neglect in families.

Section 72 of the Child, Youth and Family Services Act states that the public, including professionals who work with children, must promptly report any suspicions that a child/ youth is or may be in need of protection to a Children's Aid Society.

Many people are reluctant to call the Children's Aid Society, either because they don't want to interfere in someone else's family, or they don't have proof that abuse is actually happening. A call to CASLM is the best way to help a family. "Reasonable grounds" are what an average person, given his or her training, background and experience, exercising normal and honest judgement, would suspect.

If a person has made a previous report about a child/youth, and has additional reasonable grounds to suspect that someone is or may be in need of protection, they must make this report directly to CASLM.

See: caslondon.on.ca/services/report_a_concern.

Why call?

The effects of child abuse and neglect are lifelong, affecting future relationships, self-esteem and sadly putting even more children at risk of abuse as the cycle continues. A call to CASLM can help break the cycle. See numbers on back panel.

CASLM Services

CASLM provides the following services to children, youth and their families in the community.

- Alternate Care: Kinship Care, Customary Care, Foster Care, Adoption and Independent Living
- Family Visiting Program
- Youth Response Unit
- Adoption Disclosure/Personal Information Request
- Duty to Report Presentations
- Services in English and French



How to help?

- Fostering/adoption
- Making a donation
- Volunteering your time

www.northmiddlesex.on.ca | 29

THE FARMER WELLNESS INITIATIVE

FREE. UNLIMITED COUNSELLING





FARMERWELLNESSINITIATIVE.CA

The Farmer Wellness Initiative provides Ontario farms with mental health support by offering free unlimited counselling for farmers, farm workers and their families, specific to the unique challenges that can be experienced by the agricultural community.

1-866-267-6255

How it Works:

Step 1 - When you call the line. you'll go through a brief intake process. You'll be asked your name, where you live and why you're calling. (Note: if you're in crisis, you'll be directed to immediate support.)

Step 2 - Within a week, you'll be connected to a counsellor that you can see on an ongoing basis by phone. video, or in person (based on availability). The mental health professionals who provide counselling are ag-informed to best serve the community.

Step 3 - Engage in counselling for as long as you need. Sessions are free and unlimited. Finding the right counsellor is important. If you'd like to be matched with someone new, you can call the line back and be matched with someone who may be a better fit - no questions asked.

What you need to know:

ELIGIBILITY



Ontario-based farmers, farm workers and their families (spouses, partners, children, dependents). This includes family members involved in the operation of the farm. Note: callers must be 16 years or older. Youth between the ages of 12-15 may utilize the service with parental consent.

All information received through counselling sessions is confidential and in accordance with the Personal Health Act (2004).





Free! There is no cost for this service, and the number of sessions is

ACCESSIBILITY











In the Know



A MENTAL HEALTH WORKSHOP FOR THE AGRICULTURAL COMMUNITY

In the Know was developed by a research team at the University of Guelph in 2019. In 2021, CMHA Ontario became the delivery partner for In the Know in Ontario.

What you'll learn:

- Awareness of mental health stigma in the agricultural community
- Common stressors and mental health concerns in agriculture
- How to identify warning signs of stress, depression, anxiety, substance use, and suicide
- How to start a conversation
- The importance of self-care

PROGRAM-AT-A-GLANCE

Workshop basics:



Free to participate



Uses agricultural examples



3 hours of content



Virtual and in-person delivery options

around mental health

In the Know is appropriate for everyone who is connected to Ontario's agriculture community!

Free to agricultural businesses and organizations, for groups of 5 to 30 people.

Great offering for:

- Boards of directors
- Staff teams
- Membership
- Community members

Having conversations about







"It was good to get together with other agricultural producers in my community and discuss mental health. A few years ago, this never would have happened. That is huge progress."

- In the Know Participant

Individuals



Sign up for one of our monthly virtual workshops today! Open to producers, agriculture professionals and community members!



Groups



Request a private training for your group. Booking workshops through 2023 now.

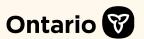


www.intheknowontario.ca

¹Briana N. M. Hagen, Alex Sawatzky, Sherilee L. Harper, Terri L. O'Sullivan & Andria Jones-Bitton (2022) "Farmers Aren't into the Emotions and Things, Right?": A Qualitative Exploration of Motivations and Barriers for Mental Health Help-Seeking among Canadian Farmers, Journal of Agromedicine | 2 National Survey of Farmer Mental Health, Submission to the Standing Committee on Agriculture and Agri-Food: Strengthening Canada's Agricultural Sector - A Canadian Network for Farmer Mental Health by Dr. Andria Jones-Bitton, Ontario Veterinary College, University of Guelph (2016)











OPEN PROGRAMS

The Thames Valley Family Health Team offers the following programs to the general public:



Best Weight

Become health-focused and get practical strategies on nutrition, activity levels and other health behaviours.





Dream On: Cognitive Behavioural Therapy for Insomnia

A non-medication approach to help get your sleep back.



Heart Health

Learn practical approaches to managing your cholesterol levels and reducing your overall cardiovascular disease risk.





Leave the Pack Behind - Tools to Quit Smoking

Physical & psychological aspects of nicotine addiction; tactics to help you quit; medications that can set you up for success.





Prenatal Information Group

Learn about the physical, mental and emotional changes that may occur during the prenatal period.





Steady & Strong: A Falls Prevention Group

Learn how to prevent falls in your home and community so that you can live where you choose without losing your quality of life.





Sweet Talk: Managing Your Blood Sugars

Learn how to change your health behaviours to improve blood sugar control and reduce health risks.



To learn more and register, scan the QR code next to the group or visit www.thamesvalleyfht.ca/programregistration (Updated May 2023)

2024 COMMUNITY EVENTS

April									
s	М	Т	w	Т	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	TE SE			
TE SE	15	16	17	18	19	F.			
21	22	23	24	25	26	TE SE			
28	29	30							

13th: Dennett Dog Park Grand Opening

14th: Ailsa Craig Playschool Silent Auction & Brunch

20th: Mudmen Concert

27th: NMHS Fun Night & Auction

May										
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19	20	21	22	23	24	TE SE				
26	27	28	29	30	31					

11th: Timeless Rock Rebels **25th:** Discover North Middlesex 25th: Blue Rodeo Tribute Concert

June										
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	2nd: VON Breakfast and									
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	8th: A	ilsa Cra	aia Fan	nily Ga	la					

August									
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Amount

8th-11th: Parkhill Fair

17th: Parkhill Car Show and Downtown Market

31st: Ailsa Craig Car Show

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July.

11th-14th: Mud Creek Bluegrass Festival

26th-28th: Gala Days

27th: Ailsa Craig 150th Highland Games

September

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29	30					

*See all event details on the following pages



Cordially invites you to our 30th annual

Silent Auction & Brunch

All Proceeds to Ailsa Craig & District Co-operative Playschool

Tickets: Adults \$15.00, Children 12 years & under \$5.00

Lots of auction items & food to enjoy!

Sunday April 14, 2024 10:00 am (Doors open)

Children's games from 10:00 am to 12:00 pm

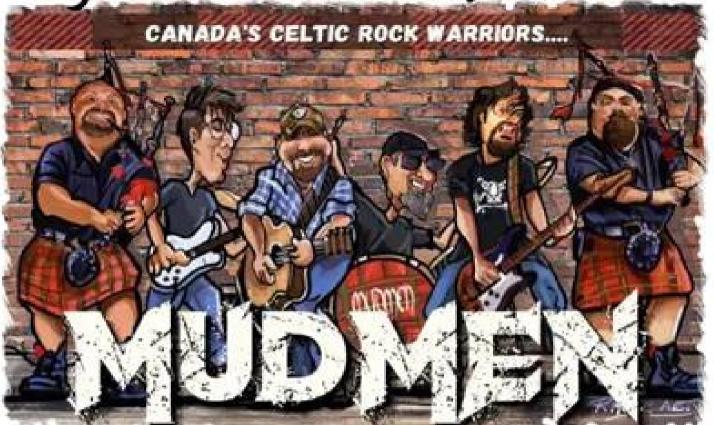
Silent auction opens at 10:00 am Tables begin closing at 12:00 pm, checkout after 12:30 pm A delicious brunch offered between 10:30 am to 12:00 pm

Ailsa Craig Community Centre 155 Annie Ada Shipley Street, Ailsa Craig, Ontario

Tickets available from Ailsa Craig Home Hardware, Playschool members, or email: tickets@acplayschool.com

We accept Cash, Cheque, e-Transfer, Visa & Mastercard for auction items!

Ve Olde Tonne Hall Presents



Ye Olde Towne Ha

Saturday April 20 2024 \$25.00 Advance \$28.00 @ Door

519 293-1060

www.friendsofyeoldetownehall.org

Doors 7:30pm 8:30pm Show

This is a 19 Plus LLBO Event www.mudmen.ca



DISCOVER NORTH MIDDLESEX







MAY 25th, 2024

Discover North Middlesex gives local businesses, service clubs, sports associations, special interest groups, schools and community groups an opportunity to showcase their groups to inform the community about upcoming sales, promotions, events, local attractions and how to get involved.

WHERE: North Middlesex Arena 256 McLeod St. Parkhill. ON

ADMISSION: Free

VENDOR COST: Free

TIME: 10:00AM to 3:00PM

Details:

www.northmiddlesex.on.ca/events/discover-north-middlesex

To register for this event or to find out more information contact:

Felicia Krista feliciak@northmiddlesex.on.ca (519) 294-6244 ext. 3220









JUNE 1ST

9:00-12:00

LOCATED AT PARKHILL PINETREE PRESCHOOL PARKINGIOT 2130 PARKHILL DRIVE

HELP PINETREE FUNDRAISE FOR A NEW OUTDOOR PLAY SPACE!

FOLLOW THE LINK FOR THE VENDOR APPLICATION FORM!

LOOKING FOR VENDORS FOR OUR 1ST ANNUAL PINETREE MARKET!

Join us for a firefighter home-cooked breakfast!

Special Guests: Candy the Face Painter & Wendy the Balloon Artist Homemade Pies For Sale

Breakfast

SUNDAY, JUNE 2, 2024 | 8:00 AM - NOON

15/adult • 5/12 and under • FREE/4 and under

Ailsa Craig Community Centre (155 Annie Ada Shipley Drive, Ailsa Craig)

BACK BY POPULAR DEMAND!

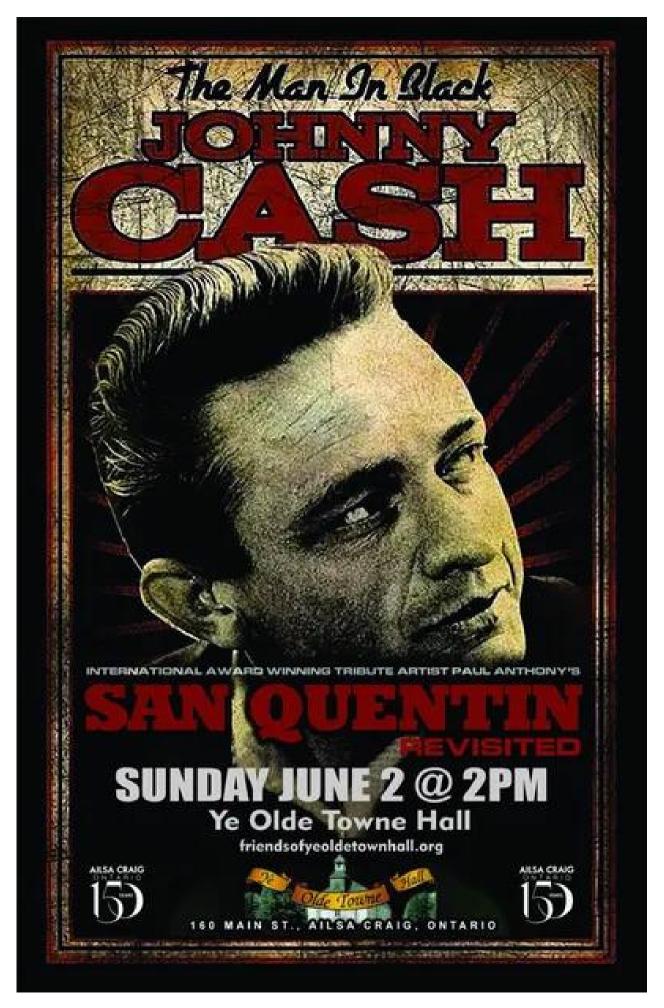
Omelette Bar, Eggs Benedict & Breakfast Sandwich Station

All proceeds to VON





For more information please call Meghan Lee, VON at 519-245-3170 or 1-800-265-7058 ALL funds raised support VON services in our community





FIRST ANNUAL AILSA CRAIG FAMILY GALA BRING YOUR FAMILY, LET'S DANCE!

COME MAKE SOME MEMORIES WITH GALA DAYS
AILSA CRAIG COMMUNITY CENTRE
SATURDAY JUNE 8, 2024
4:00-7:00PM
SEMI FORMAL

DJ | SILENT AUCTION | APPETIZERS

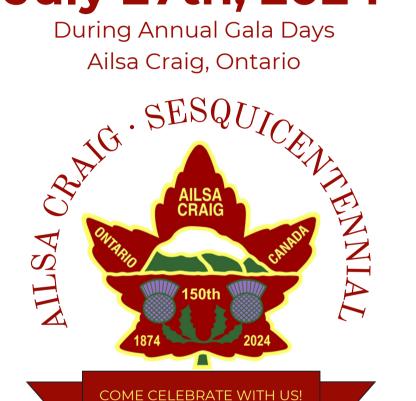
TICKETS: KIDS 3 AND UNDER FREE | CHILDREN 4-12 \$5
TEEN/ADULT \$10 IN ADVANCE | \$15 AT THE DOOR





July 27th, 2024

During Annual Gala Days Ailsa Craig, Ontario



Scottish Heritage Festival to celebrate Ailsa Craig turning 150! FREE EVENT! Bring your lawn chairs!

> Parade, Highland Games, Pipe Bands, Dancers, Food Trucks, Vendors, & More!





Scan or Visit for event updates, schedule, & more! https://www.northmiddlesex.on.ca/ev ents/ailsa-craig-150th-anniversary

